

SESSION II: THINK THEN MOVE

"Mental Practice"



Time Length: 20-30 Minutes
Curriculum Outline

Goals	Materials	Process Steps
<ul style="list-style-type: none"> • To understand the definition of practice • To understand the value of practice • To master the movements of the Pawns • To identify students' major areas of interest • To encourage practice as a value 	<ul style="list-style-type: none"> ➔ Character Chess manual for each student ➔ Chess boards & pawns for students only – two students per board ➔ Pens and/or pencils ➔ Character poster for all to review 	<ol style="list-style-type: none"> 1. Read the Character Chess Story: "The Power of Practice" 2. Complete the Reading Response Sheet 3. Read the Character Lesson: "THINK THEN MOVE" 4. Read the Chess Lesson: "THE PAWN" 5. Complete the Chess Challenge: "THE PAWN TOUCH DOWN CHALLENGE" 6. Read, complete and discuss the Character Reflection: "What Are You Practicing?"