

SESSION IV: STAY IN CONTROL

"The Importance of Discipline"



Time Length: 50-60 Minutes
Curriculum Outline

Goals	Materials	Process Steps
<ul style="list-style-type: none"> • To understand the definition of Self-Control • To understand the value of Self-Control • To master the movements of the Rooks • To encourage self-control when encountering frustration 	<ul style="list-style-type: none"> ➡ Character Chess manual for each student ➡ Pens and/or pencils ➡ Character poster for all to review 	<ol style="list-style-type: none"> 1. Read the Character Chess Story: <i>"Boyd 'The Brain' Reed"</i> 2. Complete the Reading Response Sheet 3. Read the Character Lesson: "STAY IN CONTROL" 4. Read the Chess Lesson: "THE ROOK" 5. Complete the Chess Challenge: "GO Get 'em ROOK!" 6. Read, complete and discuss the Character Reflection: "Strategies for Staying in Control"